

# in the Sun



BY CHRISTA FLETCHER, MESA VERDE RESIDENT

ith the school year ending, we are all looking ahead to summer! Long days on the beach, play time in the backyard, pool time, and traveling will mean lots of time for some good summer books too. This month we have a selection of books for all of your summer activities – from books about sun safety, to having some fun in the sun!

#### **BOOKS ABOUT SUN SAFETY**

These books make learning about sun safety easy to talk about and model for your kids.

# Sunny Goes to the Beach

by Katherine Troutman, RN of Dermatology (*Picture Book*)
Sunny and her best friend Isla go to the beach with
Sunny's parents and learn the importance of protecting
their skin with sunscreen, shade, and clothing. Includes
sun facts for older kids.

# George the Sun Safe Superstar

by Kathryn Clifford & Chantal Renn (*Picture Book*)
Find out how George becomes a sun safe superstar as he learns about UV rays and spreads the message of sun safety to his friends at school

## **BEACH READS**

Having a few books on hand for beach days is a great way to take a break from wave jumping, to have a snack in the shade and read.

#### **Beach Babies Wear Shades**

by Michelle Colman (Board Book)

A great board book to throw in your beach bag, this book has cute pictures of babies doing fun activities at the beach. A favorite that will be read repeatedly, Beach Babies is a classic.

#### Pig Kahuna

by Jennifer Sattler (Picture Book)

Fergus and Dink love collecting things on the beach, but when they must go in the water, they find their courage and have a whole lot of fun!

# Day at the Beach

by Tom Booth (Picture Book)

Another great book about sibling relationships, Gideon learns it's much more fun to build a sandcastle with his younger sister than by himself.

#### **BOOKS ABOUT SWIMMING**

## Maisy Learns to Swim

by Lucy Cousins (Board Book)
A great book for younger children who are nervous about taking swim lessons.

# Llama Llama Learns to Swim

by Anna Dewdney (Picture Book)
Llama Llama needs a little refresher lesson on his swimming skills before going to the beach, as it turns out, he's not the only one.



#### **BEST BOOKS FOR TRAVEL**

Whether you're taking a road trip or flying on an airplane, having a few good books is always a good idea. For young children, we recommend durable board books, for slightly older kids we recommend bringing a few favorite picture books and some magazines like High Five, Nat Geo Kids, and Highlights. For older kids, chapter books and graphic novels are the way to go, they're small and will provide hours of entertainment. Age-appropriate activity books are also great; they have games and fun activities.